

TANZANIA & SOUTHERN AFRICA

26 days

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Day 1 Arrive in Nairobi

Today we arrive in Nairobi, the capital of Kenya.

Part of Maasai land when the British arrived, this modern capital grew with the development of the railway. Derived from a Maasai word meaning "Cold Water," Nairobi is a pleasant mix of colonial British with modern and traditional African influences.

Overnight in Nairobi.

Included Meal(s): Dinner, if required.

Day 2 Nairobi - Amboseli National Park

Our adventure continues today as we journey south from the bustling city of Nairobi to the breathtaking Amboseli National Park. The drive is estimated to take around four hours, though this can vary slightly depending on the specific location of our lodge within the park and, of course, the wildlife we encounter along the way. Keep your eyes peeled – you never know what surprises the African bush might have in store!

Amboseli National Park boasts a truly spectacular setting. Straddling the border with Tanzania, it lies on the vast African plain, offering unparalleled views of the majestic Mount Kilimanjaro. Towering above the landscape at a staggering 5894 meters (19,300 feet), Kilimanjaro is the highest peak on the entire African continent. Its iconic, snow-capped cone often appears to float ethereally above the shimmering plains, creating a truly awe-inspiring vista.

Amboseli is renowned worldwide for its thriving populations of elephants. These magnificent creatures roam freely across the park's open grasslands, often dusting themselves with the distinctive red soil, which gives their skin a particularly dramatic, almost ochre hue. This afternoon, we'll embark on a game drive within Amboseli. Picture this: herds of elephants grazing peacefully on the open plains, with the colossal Mount Kilimanjaro providing a picture-perfect backdrop. We'll be on the lookout for other incredible wildlife as well, but the chance to witness these gentle giants in their natural habitat, with such an iconic mountain as a witness, is an experience you won't soon forget (weather permitting, of course – Kilimanjaro can sometimes be shy behind the clouds!).

Overnight in the Amboseli National Park.

Included Meal(s): Breakfast, Lunch and Dinner

Day 3 Amboseli, Kenya - Lake Manyara National Park, Tanzania

Our Tanzanian adventure begins this morning as we cross the border from Kenya into Tanzania at Namanga. From there, we'll journey onwards to Lake Manyara National Park, passing through the vibrant town of Arusha. Arusha serves as the gateway to Tanzania's renowned northern safari circuit, and it's a bustling hub of activity. Our total travel time today is expected to be around five hours, though the border crossing itself can also sometimes take a little time.

Lake Manyara National Park, though the smallest of the northern Tanzanian parks at 330 square kilometers (two-thirds of which is the lake itself), packs a big punch in terms of biodiversity. Its diverse vegetation ranges from open savannah grasslands to lush groundwater forests and vital riparian habitats, creating a rich tapestry of ecosystems. The lake is a haven for birdlife, most notably thousands of pelicans, ibis, and flamingos. Their calls and vibrant colours create a spectacle that can be experienced even from a distance.

After lunch at our lodge, we'll embark on an afternoon game drive within Lake Manyara National Park. The park's location at the base of the dramatic Great Rift Valley escarpment adds to its scenic beauty. Its diverse landscape, encompassing forests, woodlands, grasslands, and swamps, provides habitat for a wide array of wildlife. While the birdlife is undoubtedly a major draw, the park also boasts a healthy population of other animals. We'll be on the lookout for buffalo, elephants, graceful giraffes, impalas, hippos, and a fascinating variety of smaller creatures.

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Overnight at Lake Manyara.

Included Meal(s): Breakfast, Lunch and Dinner

Day 4 Lake Manyara - Serengeti National Park

This morning we embark on a scenic journey into the renowned Ngorongoro Conservation Area. This protected area boasts a stunning, rolling landscape, offering periodic, breathtaking glimpses of the Ngorongoro Crater itself. Before we make our descent onto the seemingly endless Serengeti Plain, we'll pause at a designated viewpoint to fully appreciate the sheer scale and beauty of the crater.

The very name "Serengeti" is derived from the Maasai language, meaning "Land-without-end," and it's a fitting description. This is a place of superlatives, where the vastness of the landscape is matched only by the incredible biodiversity it sustains.

Our journey today, including our game drive, will take approximately five hours, though this can vary depending on the wildlife we encounter along the way and the location of our lodge within the Serengeti. This afternoon's game drive will serve as a wonderful introduction to this remarkable landscape and the diverse array of animals that call it home. Our guides will help us spot and identify the various species, sharing their knowledge of the Serengeti ecosystem and the intricate relationships between its inhabitants.

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Overnight in the Serengeti National Park.

Included Meal(s): Breakfast, Lunch and Dinner

Day 5 Serengeti National Park

Today we have a full day of game viewing on the Serengeti. We will visit the "kopjes," a series of low, incongruous hills dotting the open landscape that often provide a vantage point for hungry predators contemplating the endless stream of hoofed animals parading past them. Depending on the season and the timing of the rains, up to 1.5 million wildebeest and a half a million zebra embark on a single-minded and perilous quest for water and grazing land. Following this spectacle, of course, are the meat-eating opportunists, hoping to capitalize on the physical toll this journey exacts on the desperate grazers. Even outside of "migration" time, large herds are still seen as they bear their young and feed, gaining strength for their annual return to the park's northern reaches. Resident species that do not migrate make for rewarding animal viewing in any season.

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It may be possible to take an optional hot-air balloon safari over the plains at daybreak; today is the best day to participate in this activity -- details will be sent upon booking.

Overnight in the Serengeti National Park.

Included Meal(s): Breakfast, Lunch and Dinner

Day 6 Serengeti - Olduvai Gorge - Ngorongoro Conservation Area

Travelling back to Ngorongoro today we make a stop at Olduvai Gorge, site of the Leakey excavations in the 1960s and 70s that established this region as the prehistoric habitat of some of the earliest species of hominids with some finds dating back 1.8 million years. Experts in the life sciences have argued that the Olduvai contribution to the story of human origins remains unsurpassed by any other prehistoric site in the world. A small museum on site outlines the unique geological and human history of the area.

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Called the 'eighth wonder of the world' and stretching across some 8300 sq km, the Ngorongoro Conservation Area boasts a blend of landscapes, wildlife, people and archaeology that is unsurpassed in Africa. The volcanoes, grasslands, waterfalls and mountain forests are home to an abundance of animals and to the Maasai. Ngorongoro Crater is one of the world's greatest natural spectacles and its magical setting and abundant wildlife never fail to enthral visitors. Depending on road conditions, gorge stop, animal sightings, and lodge placement, this journey can be 5-6 hours.

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Overnight in the vicinity of Ngorongoro Conservation Area.

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Included Meal(s): Breakfast, Lunch and Dinner

Day 7 Ngorongoro Conservation Area

Today promises an unforgettable experience as we embark on a half-day tour within the magnificent Ngorongoro Conservation Area, a designated UNESCO World Heritage Site. After an early breakfast to maximize our time, we'll descend into the heart of the Ngorongoro Crater, a truly breathtaking natural wonder. This massive caldera, spanning 20 kilometers (13 miles) in diameter and boasting walls reaching 700 meters (2,300 feet) high, is a microcosm of African wildlife.

The crater floor is a diverse ecosystem teeming with life, and our game drive will take us through this incredible setting. We'll be on the lookout for the famed "Big Five" – lion, leopard, elephant, rhino, and buffalo – any sighting of which is always a thrill. But the crater is also home to a plethora of other fascinating creatures. Keep your eyes peeled for herds of wildebeest, graceful gazelles, zebras with their distinctive stripes, and lumbering hippopotamuses. Adding to the spectacle, thousands of vibrant flamingos often gather on Lake Magadi, creating a stunning display of colour against the backdrop of the crater walls.

* In order to reduce congestion and stress on wildlife, the Tanzanian government limits visitors to half-day visits of the crater. Depending on what time "window" we are assigned, our excursion may take place first thing in the morning, or later in the afternoon (both of which are equally advantageous for game viewing, given the relatively mild climate at this altitude).

Overnight in the vicinity of Ngorongoro Conservation Area.

Included Meal(s): Breakfast, Lunch and Dinner

Day 8 Ngorongoro - Gibb's Farm - Arusha

This morning we begin our descent from the Ngorongoro Highlands, retracing our route back towards Arusha. Our journey includes a delightful lunch stop at the charming Gibb's Farm. This unique establishment has a fascinating history, having been founded during the German colonial era. Still privately owned today, Gibb's Farm operates as a small, boutique hotel nestled on the outer slopes of the Ngorongoro Highlands. Surrounded by verdant coffee plantations, the farm offers breathtaking, sweeping views of the lush and beautiful agricultural landscape that stretches out before it. It's a perfect spot to relax, enjoy a delicious meal, and soak in the tranquility of the surroundings.

As we continue our drive, we'll once again pass through the bustling town of Mto Wa Mbu, which translates to "Mosquito Creek." This vibrant town is known for its lively and cosmopolitan atmosphere, a melting pot of cultures and traditions. It's also famous for its distinctive red bananas. These intriguing fruits, while tasting very similar to regular bananas, are a visual treat with their startlingly bright red skins.

We arrive back in Arusha later this afternoon.

Overnight in Arusha.

Included Meal(s): Breakfast, Lunch and Dinner

Day 9 Arusha, Tanzania - Johannesburg, South Africa

Today we fly from Arusha to Johannesburg, South Africa.

NOTE: Depending on flight schedules, we may have to travel to Nairobi and fly to Jo'burg from there. Final arrangements will be advised closer to departure.

Overnight in Johannesburg.

Included Meal(s): Breakfast and Dinner

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Day 10 Johannesburg, South Africa - Fly to Victoria Falls, Zimbabwe

Today we fly from South Africa to Zimbabwe where we will spend three nights next to one of the world's most spectacular natural sights, Victoria Falls.

This area has actually been inhabited for hundreds of thousands of years. The first known name of the falls was "Shongwe"; the current name did not come into being until the Scottish missionary and explorer David Livingstone was brought to the falls in 1855 and named them after Queen Victoria. The falls and the nearby town of Victoria Falls are on the mighty Zambezi River, the fourth longest in Africa, forming the border with neighbouring Zambia.

After settling into our hotel, we'll travel by road a short distance to the Zambezi River on which we will enjoy a scenic sunset cruise above the falls. The river here is wide and slow moving; be on the lookout for hippos, elephants, antelope, giraffe and myriad bird species for which the region is famous. After our cruise we will enjoy a lively demonstration of traditional African dancing and drumming before our evening meal.

NOTE: Due to logistical reasons, the order of Victoria Falls area sightseeing activities may vary at the discretion of your Tour Leader.

Overnight at Victoria Falls.

Included Meal(s): Breakfast and Dinner

Day 11 Victoria Falls: Falls Tour & Leisure Time

Today we have a guided walking tour of Victoria Falls and adjacent national park.

Mosi-oa-Tunya ("The Smoke That Thunders") is one of the most amazing sights in the world: twice as high as Niagara Falls and several times longer. It took thousands of years of erosion for Victoria Falls to appear as and where it does now. During the Jurassic Period (150-200 million years ago), volcanic activity resulted in thick basalt deposits covering large parts of Southern Africa. As the lava cooled and solidified, cracks appeared in the hard basalt crust, which were filled with clay and lime. Erosion and the course of the mighty Zambezi River cut through these softer materials, forming the first of a series of waterfalls.

Our tour is conducted on level paved paths, much of which is shaded by the dense rainforest that exists due to spray from the falls. To walk to the farthest extent, with viewpoints along the way, is about one kilometre, the last part of which is without shade. We encourage you to go right to the end, as the views are fantastic, including the best look at the famous Victoria Falls Bridge, the brainchild of Cecil Rhodes, part of his grand and unfulfilled Cape to Cairo railway scheme, even though he never visited the falls and died before construction of the bridge began.

The afternoon is yours to enjoy optional activities. You may relax by the pool, do some shopping in the village famous for local artisan crafts, travel to the Zambian side of the falls or even go sightseeing by micro-light aircraft or helicopter. Your Tour Leader can help plan your afternoon.

Overnight in Victoria Falls.

Included Meal(s): Breakfast and Dinner

Day 12 Victoria Falls, Zimbabwe: Day Trip to Chobe Park, Botswana

Today we make an early morning excursion into Botswana to visit Chobe National Park, located only 1.5 hours by road from Vic Falls. We complete Customs and Immigration formalities and continue with a fifteen-minute drive to the lodge that we will be using as a base for today's activities.

Our safari starts with a cruise on the Chobe River (shade and refreshments available) that takes us close to the waterfowl and wildlife on the river. Large flocks of birds, big pods of hippos and very large crocodiles can be viewed from the safety of your boat.

Our lunch (included today) is served back at the lodge overlooking the river.

After lunch we board open (covered) safari vehicles and head off into the park to view some of the 70,000 local elephants, buffalo herds,

sable, wildebeest, giraffe, and with luck, some resident lion and hyena. We travel back to Zimbabwe, arriving at about 18:00.

Overnight in Victoria Falls (dinner on your own this evening).

Included Meal(s): Breakfast and Lunch

Day 13 Victoria Falls, Zimbabwe - Fly to Johannesburg, South Africa

Today we fly from Victoria Falls to Johannesburg (flight times are variable).

Overnight in Johannesburg (Sandton).

Included Meal(s): Breakfast and Dinner

Day 14 Johannesburg & Soweto

This morning we have a tour of the city of Soweto.

Soweto unto itself is actually one of the largest cities in Africa with an estimated population of two million. It also has one of the most dubious histories of any city in Africa, as it was the site of some of the more infamous events during the struggle against apartheid. The name "Soweto" simply stands for South Western Township, due to its location outside Johannesburg. It was here that thousands of black workers were forced to live in order to provide labour for the gold mines.

We will see the good, the bad, and the ugly of Soweto -- from affluent neighbourhoods to shanty towns, one of the world's largest hospital, Baragwanath; and the former homes of Soweto's Nobel Laureates, Desmond Tutu and Nelson Mandela. We also visit the Hector Pietersen memorial where we will learn of the 1976 Soweto Uprising.

A compelling highlight of our day is our visit to the extraordinarily powerful Apartheid Museum, an obligatory stop for visitors and residents alike. The large blown-up photographs, metal cages and numerous monitors with continuous replays of apartheid scenes will make you feel that you were in the townships in the 70s and 80s, dodging police bullets or teargas canisters, or marching with thousands of school children.

We'll also be able to have a panoramic view of central Johannesburg before circling back around to Sandton and our hotel.

Overnight in Johannesburg (Sandton).

Included Meal(s): Breakfast and Dinner

Day 15 Johannesburg - the 'Panoramic Route' - Hazyview

From Jo'burg we head off through the vast wilderness of Mpumalanga (formerly the Eastern Transvaal), the "Land of the Rising Mist". Along the way we travel from the vast grasslands of the High Veld, with its huge farms and ranches, down to the drier Low Veld region characterized by rocky hills and acacia scrub forest. This is an expansive landscape of mountains, valleys, rivers, waterfalls, primal forests, and colourful flora. Steeped in a history of pioneers and fortune-seekers, we will pass many Gold Rush towns and farming communities en route. Lydenburg ("town of suffering") established by Voortrekkers in 1849 lies at the bottom of Long Tom pass. This pass, named after the big gun used by the Afrikaners during the Anglo Boer War, is one of the most scenically dramatic in the country. It links Sabie on the escarpment with Lydenburg on the Drakensberg plateau.

A highlight of our sightseeing today is the spectacular Blyde River Canyon. This great escarpment is the kind of place where brochures and guide books run out of original adjectives to describe the fresh mountain scenery and magnificent panoramic views. The Blyde River Canyon is one of the most spectacular in Africa and its cliffs rise between 600-800 m (2,000-2,640 feet) from the river bed. At the "Three Rondavels viewpoint" is an unforgettable view of three huge rock spirals rising out of the far wall of the canyon. Their tops appear to have a hut-like rounded roof.

We also stop at the nearby Bourke's Luck Potholes, the result of decades of swirling eddies of water where the Treur River meets the Blyde

River. The tumult has caused extensive water erosion over time; the result is a series of cylindrical rock sculptures that look as though they would be more comfortable on the moon.

From here we continue to Hazyview near Kruger National Park.

Overnight in Hazyview.

Included Meal(s): Breakfast and Dinner

Day 16 Kruger National Park

Early this morning we enter South Africa's largest game reserve, Kruger National Park, named after Paul Kruger, the first to initiate the setting aside of this area as a reserve in the 1890s. Here we transfer to open safari vehicles and make a full-day excursion through the southern sector of this fascinating and beautiful park.

The Kruger Park is an enormous area of flat veld, broken by rivers and comprised of mixed vegetation and terrain. The park, officially founded in 1926, supports more species of wildlife than any other African reserve -- over 137 mammal species, 49 fish species, 112 reptile species, and nearly 500 bird species! With some luck we may see and photograph lion, leopard, cheetah, elephant, zebra and many other wonderful African animals.

We return to Hazyview in the late afternoon.

Overnight in Hazyview.

Included Meal(s): Breakfast and Dinner

Day 17 Hazyview, South Africa - Mbabane, Eswatini (Swaziland)

We travel south today en route to the Kingdom of Eswatini (formerly Swaziland), an independent country completely landlocked by South Africa and Mozambique, and smaller than Kruger Park! Just before we cross the border, however, we'll visit the Matsamo Cultural Village, a traditional Swazi village that showcases the country's rich cultural heritage. We'll take a guided tour of the village, learning about the customs and traditions of the Swazi people. We'll also enjoy a traditional lunch and have the opportunity to interact with the villagers. This visit will provide a unique glimpse into Swazi culture and daily life.

As we enter the Kingdom of Eswatini, we'll be struck by the country's natural beauty, with majestic mountains forming a stunning backdrop to our journey. One of the last remaining monarchies in Africa, Eswatini offers a unique glimpse into traditional African culture, where the pace of life is relaxed and the lifestyle remains largely unchanged. As we make our way to the vicinity of Mbabane, the capital city, we'll pass through picturesque rural landscapes, where we'll see local people tending to their farms and herds, living in harmony with the land. This tranquil scenery provides a serene introduction to the country's rich cultural heritage.

Before arriving at our hotel, we'll visit the renowned Ngwenya Glass, a pioneering glassblowing institution that has been creating exquisite glass art since the 1980s. Founded as a Swedish aid initiative, Ngwenya Glass has evolved into a thriving enterprise that not only produces stunning glassworks but also supports local conservation programs. What's more, all of the glass art is crafted from 100% recycled glass, reflecting the organization's commitment to sustainability. We'll hope to have the opportunity to witness the skilled artisans at work, shaping and blowing glass into intricate and beautiful forms.

Overnight in/near Mbabane.

Included Meal(s): Breakfast and Dinner

Day 18 Mbabane, Eswatini - Mkuze Game Reserve, South Africa

This morning we depart our hotel and travel south, descending onto the Swazi Lowveld (lowlands), similar in climate and vegetation of the lowveld region we experienced in South Africa and Kruger Park in previous days. Before leaving the kingdom, we'll visit Swazi Candles, a

candle making manufacturer both of both traditional parafin wax as well as 100% organic soya candle tea lights. The colourful, handmade product range also features wax encased LED lights, pure vegetable glycerine soaps, and marula oil bodybalm. Guests are invited to interact with the artisans as they work their magic.

We'll then travel through sugar cane plantations and the bustling commercial centre of Manzini, before crossing the border back into South Africa and the province of KwaZulu-Natal.

Our destination is Mkuze Game Reserve, which boast an exceptional variety of natural habitats: from the Eastern slopes of the Lebombo Mountains along its eastern boundary, to broad stretches of acacia savannah, swamps and a variety of woodlands and riverine forest. A rare type of sand forest also occurs in the reserve. It is renowned among ornithologists, with more than 420 different bird species on record. The Mkuze River curves along the game reserve's northern and eastern borders with a stretch of fig forest along its banks. Fish eagles swoop over the pans, snatching prey spotted from their perches in the fever trees.

Mkuze is overlooked by Ghost Mountain, previously a historic battle field. This mountain is said to be the tombs of the previous chiefs of the mountain and, according to legend, it has been the scene of a number of bloody fights. With its dramatic silhouette, in the shape of an old woman or witch head, it is not difficult to understand why the mountain is said to be haunted and to be the theatre of paranormal activities.

Overnight at Mkuze.

Included Meal(s): Breakfast and Dinner

Day 19 Mkuze - Hluluwle-iMfolozi Game Reserve - Fly to Gqeberha (Port Elizabeth)

This morning we leave Mkuze and head to Hluluwle-Imfolozi Park, the oldest proclaimed nature reserve in Africa. The park is known for its rich wildlife and conservation efforts; this is the only state-run park in KwaZulu-Natal where all of the "big five" wild animals can be found (elephant, rhino, lion, buffalo and leopard).

We continue by road to Durban, the 'Garden City' of South Africa. This area was opened up to white settlement by the Voortrekkers in the early 19th century, though the Portuguese were navigating the coast here as early as the late 15th century. Vasco da Gama was the first European to sail along this coast, giving it the name Natal to commemorate his Christmas Day arrival. In 1899 the British and the Boers went to war, but under reconciliation in 1910 formed the Union of South Africa with an agreement signed in what is now Durban's modern-day Main Post Office.

Flight time permitting, we may be able to drive through Durban for a quick look before heading to the airport for our flight to Gqeberha (Port Elizabeth)** South Africa's fifth largest city and the third largest port.

* Occasionally, due to ever-changing flight schedules, we may spend this night in Durban and take the early flight to Gqeberha tomorrow morning.

** In 2019, the Eastern Cape Geographical Names Committee recommended that Port Elizabeth be renamed Gqeberha, after the Xhosa and Southern Khoe name for the Baakens River that flows through the city. The pronunciation can be a bit tricky, as the "Q" represents a "click" sound with the tongue, then 'be' (like bare), and finally 'gha' (similar to the 'G' in Afrikaans + a short 'ah'). If it's easier, the town is also colloquially referred to as "PE."

Overnight in Gqeberha (Port Elizabeth).

Included Meal(s): Breakfast and Dinner

Day 20 Gqeberha - 'The Garden Route' - Knysna OR George

This morning we travel along the world-famous 'Garden Route' toward Knysna. This route is parallel to the ocean and features lakes, mountains, beaches, and steep cliffs. This part of the garden route reminds one of the Oregon Coast (USA) with its sand dunes and great surf beaches. We'll make a lunch stop at Storm's River Mouth in the Tsitsikamma National Park, located on the shores of the Indian Ocean. You will have time to walk a short section of the famed Otter Trail, widely regarded as one of the finest in the world, stretching 41 km (25 mi - 5 days) from Storms River Mouth to Nature's Valley.

We continue to Knysna, a charming coastal town with tremendous water and mountain views and a laid-back lifestyle. The town was founded in 1817 by George Rex, reputed to be an illegitimate son of King George III. Known for its picturesque lagoon, the town was first established

as a timber port. Today, Knysna is proud of its riviera atmosphere with many sidewalk cafes and shops.

Depending on limited accommodation availability in Knysna, we may overnight here in Knysna or continue a little further down the road to the town of George.

Overnight in Knysna or George.

Included Meal(s): Breakfast and Dinner

Day 21 Knysna OR George - Mossel Bay - Oudtshoorn

This morning we travel down the coast to Mossel Bay. Portuguese explorer Bartolomeu Dias arrived here on February 3, 1488, thus proving to his sponsors that Africa had a southern tip; making it theoretically possible to sail from Europe to India. Our destination is the Dias Museum Complex, which marks the spot of the historical landing of Bartolomeu Dias. The 500 year old Post Office Tree, a national monument, can still be seen at the site, now harbouring a post box shaped as a shoe.

We then head inland and over the Outeniqua Mountains to the Little Karoo (Klein Karoo), a semi-arid yet fertile valley or depression surrounded by formidable mountain ranges. This is the ostrich capital of South Africa with thousands of these unusual birds dotting fields throughout the area. At the turn of the century ostrich feathers were in such demand that the fashion conscious paid a premium and feathered the nests of the barons who built magnificent mansions known as "Feather Palaces." This fine architecture can still be seen around the sedate and pleasant town of Oudtshoorn (pronounced 'Oats-horn'), our final destination.

Today we'll tour one of the ostrich "show farms" in the area before continuing to Oudtshoorn where we finish our day.

Overnight in Oudtshoorn.

Included Meal(s): Breakfast and Dinner

Day 22 Oudtshoorn - Swellendam - Cape Town

From Oudtshoorn we travel through the Huis River Pass with its spectacular rock formations and the little farming town of Ladismith, named after the Spanish wife of British Cape Governor Sir Harry Smith. We cross our second mountain range of the day to arrive in the town of Swellendam, the third oldest colonial town in South Africa, established in 1745. The town has several buildings built in the charming Cape Dutch style, with characteristic whitewashed walls and black thatched roofs.

We then pass through a vast wheat growing and sheep farming area on our way to Cape Town.* In the late afternoon we cross the Hottentots Holland Mountains (our third range for the day), the centre of South Africa's apple growing region, to arrive in Cape Town, one of the world's most isolated and beautiful cities.

At some point during our time in Cape Town (weather dependent and may move elsewhere in our program), we will take a gondola trip to the top of Table Mountain, a sandstone plateau rising up above the city. The top is approximately 3km wide and at its highest point, Maclear's Beacon, rises to 1085m/3,580 ft. Over the centuries it has become one of South Africa's most famous landmarks. The steep cliffs and rocky outcrops of the mountain play home to a number of animals and approximately 1,470 species of plants -- more than the entire British Isles!

Overnight in Cape Town.

Included Meal(s): Breakfast and Dinner

Day 23 Cape Town: Robben Island & City Tour

This morning we travel by boat to Robben Island for a guided tour of this historic site, formerly an infamous prison and today a museum. Our entire excursion will last about 3.5 hours and include a visit to the maximum security section where Apartheid era freedom fighters, including Nelson Mandela, were incarcerated. Robben Island provides a poignant reminder of how far South Africa has come since the dark days of apartheid and is a must-see for anyone heading to the Cape.

We'll also have a 'panoramic' look at the city centre of Cape Town, where we will see Parliament, City Hall, and the colourful Bo-Kaap area.

Overnight in Cape Town.

Included Meal(s): Breakfast and Dinner

Day 24 The Cape Winelands

This morning we travel the short distance to Stellenbosch, South Africa's second oldest colonial settlement. After a little spin around the town, we'll park in the centre of town and allow some time for some independent, on-foot exploration. You will notice some of the finest examples of traditional Cape Dutch architecture along the town's famous oak-lined streets.

We continue to one of the area's many wineries for a cellar tour and tasting. The Cape vineyards were originated at Constantia by Jan van Riebeeck in 1685 and were advanced in 1688 by Huguenot refugees who brought their vine seedlings and skills with them from France. The Cape's different soils and climatic variations allow a wide variety of wines to be pressed. Along our route today we will see several wine estates with their delightful Cape Dutch houses, thatched roofs and decorative gables.

Today we include lunch at one of the area's wine estates. After lunch we'll continue our scenic drive through the area before heading back to Cape Town for dinner on your own. If weather permits, we'll attempt to head up Table Mountain upon return to the City Bowl.

Overnight in Cape Town.

Included Meal(s): Breakfast and Lunch

Day 25 Cape Town: the Cape Peninsula

Today we have the quintessential full-day tour of the Cape Town area: The Cape Peninsula.

Our tour takes us south along the Atlantic Seaboard where we have spectacular views of some of Cape Town's most affluent neighbourhoods and spectacular mountain and coastal scenery. We have a brief photo stop just before Camp's Bay, a pretty surf-side suburban community featuring the classic view of the town with the 'Twelve Apostles' peaks as a backdrop.

We continue south along a seaside-hugging route, through the town of Hout Bay and the famous Chapman's Peak Drive, one of the most spectacular marine drives anywhere in the world. The 9km route, with its 114 curves, skirts the rocky coastline of Chapman's Peak, the 593m high southerly extension of Constantia Berg.

Our next stop is the Cape of Good Hope Nature Reserve and Cape Point. The reserve is a wildflower, bird, and animal paradise on 77 sq km (30 sq miles) of the Cape Peninsula. The reserve is also home to eland, springbok, bontebok, baboon, and zebra. Within the reserve are Cape Point and the Cape of Good Hope, the most southwesterly point on the African continent.

After a break for lunch and free time at Cape Point, we head north again, stopping briefly at the Cape of Good Hope, before continuing back up the Indian Ocean side of the peninsula, passing through Simonstown, founded by the Dutch in 1741 as a naval depot and named for Simon van der Stel, governor of Cape Colony from 1679 to 1697. Today Simonstown is famous for its distinctly English architecture and atmosphere, and the southernmost train station on the continent. Depending on the season, we may stop at Boulders Beach to view a colony of South African penguins.

We complete our loop around the peninsula, past the well-watered eastern slopes of Table Mountain, Constantia, Bishop's Court and the campuses of the University of Cape Town. Here we pay a visit to the National Botanical Gardens of Kirstenbosch, with over 4,000 species of indigenous plants (2,600 are endemic to the Cape Peninsula). The garden's history dates back to the 1660s, when the first Dutch settlers arrived in the Cape. Governor Jan van Riebeeck planted a barrier of Wild Almonds to protect settlers' cattle from the original inhabitants of the area -- and part of this hedge is still in the garden!

Overnight in Cape Town.

Included Meal(s): Breakfast and Dinner

Day 26 Departure

Departure from Cape Town.

BON VOYAGE!

Included Meal(s): Breakfast