

## PORTUGAL & NORTHERN SPAIN

**16 days**

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### Day 1 Arrival in Lisbon

Today we arrive in Lisbon.

The capital of Portugal since its conquest from the Moors in 1147, Lisbon is a legendary city with over 20 centuries of history. This was the centre of Europe's first and largest overseas empire and, as a result, the city still has a feeling of colonial elegance.

Overnight in Lisbon.

Included Meal(s): Dinner, if required.

### Day 2 Lisbon: City Tour

Today we explore Lisbon, Portugal's hilly capital. Lisbon is Europe's second-oldest capital (after Athens), once home to the world's greatest explorers like Vasco da Gama, Magellan and Prince Henry the Navigator, becoming the first true world city, the capital of an empire spreading over all continents, from South America to Asia.

This city is truly an enticing tangle of past and present, funky and old-fashioned, restored and revitalized. For many this is one of Europe's most enjoyable cities. We will explore many of Lisbon's most colourful neighbourhoods on foot. Bairro Alto and Chiado are picturesque working class quarters dating from the 16th century that have traditionally been the city's bohemian haunt of artists and writers. A stroll through the Moorish Alfama district takes us through a tangle of medieval streets topped by São Jorge Castle. Baixa is Lisbon's historic downtown (lower town), gridded with streets and dotted with major squares.

You will have some free time this afternoon for independent exploration. If you'd like to explore Belem and Jeronimos Monastery, please consult with your Tour Leader on to best accomplish this optional activity, noting that we do not include it with our formal group program due to long waits and crowding. Should authorities introduce changes to reduce congestion, this site may be reintroduced on a TBA basis.

Overnight in Lisbon.

Included Meal(s): Breakfast and Dinner

### Day 3 Lisbon - Obidos - Nazare - Fatima - Leiria

Today we travel by road northward to Obidos, a medieval symbol of narrow streets surrounded by walls. Obidos is known for its typical white houses with blue trim, flowered windows, narrow streets and steps paved with beautiful stone. On arrival in Obidos we embark on a walking tour, passing through the 18th century entry arch covered in glazed tiles (azulejos). Small bright white houses lining narrow cobblestone streets, flower pots on window-sills, Gothic and Renaissance churches -- especially the beautiful Church of Santa Maria -- reminds of the importance of Obidos's past.

We continue to Nazare, the most famous fishing town in Portugal. En route we can detour to Batalha for a photo stop at its famous monastery before enjoying the brightly coloured rowing-boats moored on the beach bathed by the Atlantic Ocean. A superb view is enjoyed from the "Sitio" for where you may observe women still wearing the traditional seven-skirted costumes near the Nossa Virgem de Nazare Basilica, an important pilgrimage centre.

Our final stop is nearby Fatima, the well-known Roman Catholic Marian shrine. We visit the Basilica and the Chapel of Apparitions that marks the spot where the three shepherd children had visions in 1917. We continue to Leiria, a charming town with small homes over archways and behind graceful arcades.

Overnight in Leiria.

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Included Meal(s): Breakfast and Dinner

#### Day 4 Leiria - Coimbra - Bussaco - Viseu

This morning we travel to the university town of Coimbra, home to a long, rich history, culture and centuries-old architecture. And, of course, a world-renowned university, the oldest in Portugal and one of the oldest in Europe. This was Portugal's medieval capital for more than a century; its steeply-stacked historic centre dates to Moorish times and is wonderfully atmospheric, with its dark cobbled lanes and monumental cathedral.

We visit the 12th century Se Velho Cathedral and 13th-century university with its magnificent library, Manueline doors and chapel. We also visit the Alameda Gate, the Cathedral, Santa Cruz Church, and the Machado de Castro Museum, mostly to see the Roman Tunnels on which the museum is built.

After a break for lunch and some free time, we continue to the nearby small town of Bussaco, known for its collection of national and imported trees -- over 400 native species of plants and 300 varieties brought home by Portuguese explorers from such far flung places as Mexico, Japan and Africa. The Portuguese royal family liked Bussaco forest so much they had a summer palace and hunting lodge built in the centre of the woods, now a posh hotel (which may or may not be open to non-residents). This was also the site of the 1810 Battle of Buçaco, where Napoleon's troops were defeated, marking the turning point in his attempted invasion of Portugal; the Duke of Wellington slept in the convent during the conflict.

After about an hour to stroll and perhaps enjoy a coffee or an ice cream, we'll depart Bussaco for Viseu.

Overnight in Viseu.

Included Meal(s): Breakfast and Dinner

#### Day 5 Viseu - the Douro Valley - Porto

This morning we'll walk through Viseu's historical zone. The city's name goes back to the end of the Roman Empire and the early Middle Ages, and is derived from the Roman term "viso," meaning "good view." Indeed, original settlement was located at its highest point. Of the various monuments we encounter on our stroll, the three highlights are the Cathedral, the Misericordia Church, and the Synagogue.

We then continue on a picturesque drive through a landscape speckled with granite houses with wooden or wrought-iron balconies, before entering the Port Wine region, the Douro Valley, a UNESCO protected site. This was, in fact, the world's first demarcated wine region, established in 1756. Evidence of the port industry can be seen along the valley with all the famous company names -- Cockburns, Taylors, Sandeman and others -- appearing on large placards on the hillsides.

En route we will stop for a cellar tour, tasting, and lunch (included today).

We will also stop in Amarante to visit the local market before continuing to Porto (dinner on your own this evening).

Overnight in Porto.

Included Meal(s): Breakfast and Lunch

#### Day 6 Porto: Braga & Guimaraes

Today we visit Braga, a city famous for its churches, last count surpassing 300! As the religious centre of Portugal, Braga boasts the highest number of churches per capita in Christendom. The strategic location has always made it ripe for occupation and development. The Goidelic Celts, also known as the Bracari, are believed to have founded the city and given it a name several thousand years ago. The Romans occupied it in 250 BC and made it the hub of five major roads, all leading to Rome. The Suevians overran the city in AD 409 but were replaced in 485 by Visigoth invaders, who, in turn, were vanquished in 711 by a Moorish army. For more than three centuries, the Christians and the Moors jostled over Braga, until the Muslims were finally expelled at the end of the 11th century.

Our time in Braga includes the area's star attraction, the Santuário do Bom Jesus do Monte (a World Heritage Site), a spectacularly-situated church built in 1784 by Carlos Amarante, who gave it an Italian-inspired neo-classical design that integrates harmoniously the landscape of northern Portugal. The stairway leading to the top contains 17 landings adorned with symbolic fountains, allegoric statues and other Baroque style decoration. Looking upwards, there are the ornate granite fountains on the various landings and the white, chalice-shaped outline on which the church itself "sits". Our trip to the top is interesting unto itself, as the funicular we ride was the first to be built on the Iberian Peninsula. Indeed, it is the oldest funicular in the world powered by water counterbalancing.

In the old quarter of Braga, you'll have a chance to admire the ornate Renaissance and Manueline palaces, baroque churches, and narrow medieval streets.

After a break for lunch we proceed to Guimaraes, birthplace of Portugal's first king and for 2012, European Capital of Culture. In this charming town (a UNESCO site) we offer a walking tour of the old mediaeval quarter. We begin in the Largo da Oliveira, with its varying styles of architecture. As we walk through the Old Quarter, notice the window boxes with fresh, colourful spring flowers. On our walk you will see workshops, bakeries, stores, and the like operating like time has never passed.

Overnight in Porto.

Included Meal(s): Breakfast and Dinner

### Day 7 Porto: City Tour

Today will be spent exploring Porto (Oporto), the '2nd city' of Portugal.

Located along the Douro river estuary in northern Portugal, Porto is one of the oldest European centers, and the atmospheric ancient port is steeped in history and tradition. With 2,000 years of history, the settlement of the city dates back to when it was an outpost of the Roman Empire. During the Roman era the city gained prominence as a commercial port, primarily for trade between Lisbon and Braga. Today the western part of the city limits extend right to the coastline of the Atlantic Ocean.

The city was built along the hillsides overlooking the mouth of the Douro River, and has an outstanding urban landscape. The continuous growth of the city has always been linked to the sea (the Romans gave it the name Portus, or port), and can be seen in the many and varied monuments. Porto is rich with well-preserved treasures, including monuments in the Romanesque, Gothic, Baroque and Neo-classical style. The historical center of Porto preserves a strong identity forged over many centuries, and in 1996 UNESCO included it on its World Heritage list. Strategically close to the Atlantic coast, at a natural intersection of the routes travelled by people from both north and south, the city has always played an important role in international trade.

We will wander through Porto's lively city center, and see the Old Quarter, the modern districts, and the low section that fronts the River Douro. Our walking tour of Porto's riverfront Ribeira district will include the lavish rooms of its neoclassical Stock Exchange Palace, the exquisitely gilded Church of Santa Clara (closed for renovation - outside only), the Cathedral and the São Bento Train Station. The alluring district of Ribeira is a crumbling but fascinating place made up of medieval streets and alleyways, including the riverfront square ("Praça da Ribeira"). During our time here we will see the Church of Sao Francisco which dates to the 13th century. Along with being the second-largest Portuguese city after Lisbon, Porto is also one of the most prominent urban areas in Southern Europe.

This afternoon we will leisurely cruise along the Douro River.

Overnight in Porto.

Included Meal(s): Breakfast and Dinner

### Day 8 Porto, Portugal - Santiago de Compostela, Spain

Today we travel by road to Santiago de Compostela.

Built of golden granite, Santiago is one of the most beautiful of all Spanish cities. The medieval city has been declared in its entirety a national monument, and remains remarkably integrated, all the better for being almost completely pedestrianized. The buildings and the squares, the long stone arcades and the statues, are hewn from the same granite blocks and blend imperceptibly one with the other, often making it impossible to distinguish ground level from raised terrace.

En route we make a stop in Baiona, one of the most important coastal towns in Galicia because of its harbour and fishing fleet. The caravel Pinta landed here on her arrival back in Europe from Columbus's "discovery" of America. You'll have some time for enjoying a coffee or some Spanish tapas as well as local shopping.

Depending on our time of arrival, we may accomplish some of our sightseeing today after we check in to our hotel.

Overnight in Santiago de Compostela.

Included Meal(s): Breakfast and Dinner

### Day 9 Santiago de Compostela: City Tour

This morning we have a walking city tour of Santiago, a UNESCO World Heritage city. Our tour begins at Obradoiro Square where some of its more prominent monuments can be seen: the Archbishop's residence which preserves some 12th century lounges; the Town Hall, former Raxoy Palace, with its classical facade; the San Jeronimo College, whose facade shows Roman influences.

We also include the city's famous cathedral, a truly grand building adorned with many statues of St James in his familiar pilgrim guise with staff, broad-brimmed hat, and scallop-shell badge.

We also visit the Cathedral Museum, the Cloister and finally, the Platerias Gate, the only Romanesque one that is still preserved; and we take a guided tour of the Cathedral roofs,\* which allows us to climb to the very top of the building and look out over the historic centre from the heights. To do so we make for the Gelmirez Palace, located to the side of the Cathedral in the Plaza del Obradoiro square. We pass through the interior of the Gelmirez Palace, past the Cathedral gallery (above the Gloria doorway) and up to the roof of the cathedral.

\* Impending maintenance on the roof has been announced starting from late winter 2018, and it is unclear as to how long a closure may last. Please be advised that this element may not be possible if the roof tour is unavailable for your chosen departure.

Overnight in Santiago de Compostela.

Included Meal(s): Breakfast and Dinner

### Day 10 Santiago de Compostela - Leon

This morning we take the train (2nd class) to Leon.\*

On arrival in Leon we visit the San Isidoro Collegiate Church, an important piece of western Romanesque, where 23 kings and queens are buried. The cathedral was built in the middle of the 13th century in a gothic style similar to the French cathedrals and is famous for the beauty of more than 100 glazed windows. Our Leon sightseeing continues with the old quarter of the city, which conserves a large part of the medieval wall and some remains of the original Roman wall. One can also find the Casa de Botines, a neo-gothic building and an excellent example of the architecture of Antoni Gaudi.

\* NOTE: We use the rail system quite extensively on this tour (except tours ES1 and PS2, which feature only ONE rail journey). YOU MUST BE ABLE TO MANAGE YOUR OWN BAGS ONTO / OFF TRAINS AND IN TRAIN STATIONS. Packing lightly is essential.

Overnight in Leon.

Included Meal(s): Breakfast and Dinner

### Day 11 Leon - Cave of Altamira - Bilbao

Today we travel by road to Bilbao, via a stop at the museum connected with the Cave of Altamira. Dating from 12000 BC, the caves are full of prehistoric paintings of wild animals and impressions of human hands. When discovered in the 1870s the vivid and evocative paintings were nearly perfectly-preserved. Even Picasso commented on the paintings here: "After Altamira, everything is decadence." (We will be visiting a

museum and a replica of the cave paintings; the actual cave has been closed to visitors in the interest of conservation).

We continue deeper into Basque country and toward Bilbao, tucked into the deep lush folds and clefts of Euskadi's coastal range. The name is "Bilbo" in Basque, but its inhabitants prefer to call it the "botxo," Basque for hole, or orifice. The orifice was originally a scattering of fish hamlets, huddled on the left bank where the hills offered some protection from the Normans and other pirates.

Overnight in Bilbao.

Included Meal(s): Breakfast and Dinner

### Day 12 Bilbao: The Guggenheim

Today we explore the Old Town of Bilbao on a walking tour. We travel back in time to Medieval Bilbao with its cobbled streets, charming corners and squares, and trace its development through the centuries.

The major highlight today is our visit to the newest and biggest attraction in Bilbao, the Guggenheim Museum. The 31 329 sq m (349,000 sq foot) colossus is one of the focal points of a \$1.5 billion redevelopment plan for the city. The Frank Gehry design features a 50 m- (165 foot-) high atrium, more than one-and-a-half times the height of the rotunda of Frank Lloyd Wright's Guggenheim Museum in New York. The museum is devoted to American and European art of the 20th century, featuring (on rotation) the works of such renowned artists as Kandinsky, Mondrian, Picasso, Ernst, Pollock, Lichtenstein, Oldenburg, Serra, and others.

Options for your free afternoon include: remain at the Guggenheim on your own, the Basque Museum, Fine Arts Museum, a guided boat tour of the estuary, or local bus trip to San Sebastian (+/- 1:20) etc. Your Tour Leader can help you plan your afternoon.

Overnight in Bilbao.

Included Meal(s): Breakfast and Dinner

### Day 13 Bilbao - Barcelona: City Tour

Today we fly to Barcelona. On arrival we'll meet our local guide and embark on a panoramic drive through Barcelona, taking in the city's vibrant atmosphere and architectural diversity.

We'll see Plaza España, a grand square surrounded by impressive buildings, colourful mosaic fountains, and a lively atmosphere. We continue past the site of the 1992 Barcelona Olympic Games and make a stop at Montjuïc viewpoint for breathtaking panoramic views of Barcelona. Here you can capture stunning photos of the city's skyline, the Mediterranean Sea, and the iconic Sagrada Família. Continuing, we'll see Gran Via, one of Barcelona's busiest avenues, lined with shops, restaurants, and historic buildings.

Our final stop will be Park Güell, Antoni Gaudí's whimsical UNESCO World Heritage Site. Wander through the colourful mosaic pathways, explore the iconic lizard statue, and admire the unique architectural elements that have made this park a must-see destination.

Overnight in Barcelona.

Included Meal(s): Breakfast and Dinner

### Day 14 Barcelona: City Tour

We continue our guided touring of Barcelona, starting with a discovery walk through the historic Barrio Gótico district. We'll wander through the narrow, winding streets, marvel at the Gothic architecture, and see iconic landmarks such as the Barcelona Cathedral and the Royal Palace, immersing ourselves in the city's rich history and cultural heritage.

After exploring the Barrio Gótico, we transfer to the Sagrada Família, Antoni Gaudí's masterpiece and one of the most iconic landmarks in Barcelona. We'll have a guided tour of the basilica, admiring its intricate architecture, stained glass windows, and towering spires. Throughout we'll learn about Gaudí's vision for this extraordinary structure and its progress over time.

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After our visit to the Sagrada Família, you'll have the balance of the day at leisure for lunch and some independent exploration.

Art lovers may choose to visit other notable attractions such as the Picasso Museum, featuring an extensive collection of works, spanning his entire career. The National Art Museum of Catalonia contains a vast collection of Catalan art, from the Middle Ages to the present day. At the Joan Miró Foundation you can discover the whimsical and surreal works of Joan Miró, one of Spain's most celebrated artists.

Otherwise you can enjoy a leisurely afternoon in one of Barcelona's many parks, such as Parc de la Ciutadella or Parc de l'Estació del Nord, and/or stroll along La Rambla, the city's most famous street, lined with shops, cafes, and street performers.

Overnight in Barcelona.

Included Meal(s): Breakfast and Dinner

### Day 15 Barcelona: Montserrat & Leisure Time

This morning we include a half-day guided tour of one of Spain's most sacred sites, set in beautiful mountains about one hour's drive from Barcelona. Long before we reach Montserrat, we will see the jagged silhouette of the great peak and understand how it got its name ('serrat' means 'serrated'). This massive rock fortress is dotted with paths, stairs, caves, chapels, and hermitages. We drive through the Montserrat Natural Park and up to the Sanctuary, located at 725m (2,380 feet) above sea level. On a clear day you will see breathtaking panorama of the Pyrenees.

Arriving at the Sanctuary, we visit the Royal Basilica and the Chapel of Our Lady of Montserrat. Inside the chapel is the famous 12th century Romanesque carved wood statue of La Moreneta (the Black Virgin). La Moreneta is the patron saint of Catalonia and is a presence strongly felt and revered; indeed this celebrated statue has made the Royal Basilica one of the most important pilgrimage sites in Spain. The tour also includes entrance to an interesting audiovisual exhibition ("Montserrat Portes Endins"), and the chance to taste four locally-produced liquors.

We return to Barcelona with time at leisure.

Overnight in Barcelona.

Included Meal(s): Breakfast and Dinner

### Day 16 Departure

Departure from Barcelona.

BUEN VIAJE!